Activity sheet – A Quick Guide to Drugs and Alcohol

Instructions

Choose a drug from the following list:

- Alcohol
- Benzodiazepines
- Caffeine and energy drinks
- Cannabis
- Cocaine
- Ecstasy GHB
- Heroin
- Ice, speed and methamphetamines
- Inhalants
- Ketamine
- LSD
- Natural hallucinogens
- New & emerging psychoactive substances
- Steroids
- Tobacco

Use the Quick Guide to Drugs and Alcohol to complete the activity sheet.

Group activity

Find ONE interesting fact (or something you did not know before today) about the drug to share with the group.
Name of drug:

What is it? What does it do?

What does it look like?
Describe and/or draw the drug.

Circle the street name for the drug

- poppers
- coke
- crack
- nose candy
- snow
- ice
- crystal
- meth
- speed
- base
- gunja
- mull weed
- dope
- pot
- bud
- special K
- Vitamin K
- kitkat
- Lady K
- roids
- juice
- gear
- stackers
- vet’s drugs
- andro
- party pills
- herbal highs
- bath salts
- grog
- booze
- acid trips
- tabs
- magic mushrooms
- shrooms
- buttons
- mesc
- mushies
- blue meanies
- chroming gas
- huffing
- bulbs
- E
- XTC
- pingas
- eccy pills
- smack
- horse H
- benzos
- downers
- roofies
- GBH
- fantasy liquid
- E
- energy shots

What type of drug is it?
- Stimulant
- Depressant
- Hallucinogen

Interesting Fact!